

### The George Institute for Global Health

### Mental Health Research Program

## SPECIALISTS IN MENTAL HEALTH & CHRONIC DISEASE RESEARCH

Our program of research focuses on developing simple, cost effective strategies (which can be integrated with other secondary prevention strategies) to prevent depression and significantly improve the outcome for all people, especially those with chronic disease.

#### SELECTED RECENT PROJECTS

**ATTEND** RCT of family-led rehabilitation after stroke in India: *Lancet* 2017;390: 588–599

**Getting it right** study to determine the validity of a culturally-specific measure to identify depression in Aboriginal and/or Torres Strait Islander people: *BMJ Open* 2016;6:e01500

**TEXTME** The Tobacco, exercise and diet messages RCT of a text message-based intervention for ongoing prevention of cardiovascular disease in people with coronary disease: *JAMA* 2015;314:1255-1263

**AFFINITY** A RCT of fluoxetine in 1,600 people post stroke to improve function, with sister trials in the UK and Sweden: *Trials* 2015;16:369 doi:10.1186

#### TRACK RECORD

Currently collaborating with Ramsay Hospital Research Foundation

#### THE TOOLS OF OUR TRADE

Clinical trials (single & multi-centre, local and international)

Epidemiological cohort studies

Validation studies

Systematic reviews and meta-analyses

# COMPETITIVE ADVANTAGES OF OUR TECHNOLOGIES

- Established national and international research and clinical trial networks
- Multidisciplinary teams
- · High impact publications
- Pragmatic research approach

#### **OUR EXPERTS**

A/Prof Maree Hackett

Ms Sara Farnbach

Many international colleagues

