

Positive Ageing Collaborative

SPECIALISTS IN POSITIVE AGEING

The *Positive Ageing Collaborative* represents a unique collaboration between a university (academics from the School of Public Health and Community Medicine (SPHCM, UNSW)) and rehabilitation, aged care and palliative care clinicians from a large not-for-profit aged care provider (HammondCare – a nationally and internationally recognised aged care provider). Established in 2012, the collaborative aims to develop and provide practical programs to help people age as well as they can, whatever their circumstances.

SELECTED RECENT PROJECTS

2017 - 2018 *Development of dementia reablement guidelines and programs.**
 2015 – 2016 *Arts on Prescription @ Home.**
 2015 – 2017 *Arts on Prescription.**
 2014 – 2016 *Evaluation of a state-wide Community Palliative Care Service.*
 2012 – 2014 *Real Cases, Real Time - Teaching and Research Aged Care Services.**
 2012 – 2014 *Re-Enabling Aged Care Teams.**
 2012 – 2014 *Focus on Function.**
 2012 – 2014 *Evaluation of the Building Workforce Capacity for Complex Care Coordination in the Community project.*

**Competitively funded projects*

TRACK RECORD

The collaborative has received over 2.8 million dollars in funding from government and NHMRC related projects since 2012. Funded projects have resulted in a number of government reports and scientific and industry conference presentations. Sector guides on reablement and wellness programs are under development. Experts from the Collaborative are currently partnering with the SPHCM to develop and deliver postgraduate education in ageing and health. The Collaborative has successfully conducted a number of industry 'study tours' with participants from China.

THE TOOLS OF OUR TRADE

The Collaborative focuses on *applied research and the translation of evidence-based research into policy and practice*. We use both quantitative and qualitative research methodologies. Our focus has been on implementation research and program evaluation. We possess particular expertise in the use of reablement and restorative care strategies, and the use of participatory arts and music engagement, in the delivery of positive ageing programs.

COMPETITIVE ADVANTAGES OF OUR TECHNOLOGIES

- Strong academic and industry partnership, fostering 'real world' research, project development and deployment, and teaching opportunities.
- HammondCare has access to a broad user base to test positive ageing strategies across community, residential and hospital locations.
- SPHCM has significant expertise in applied research in positive and healthy ageing, with HammondCare staff appointed as conjoint academics.
- The strength of the partnership lies not in technologies or products, but in a deep understanding of how aged care services are delivered effectively and cost effectively.

OUR EXPERTS

- Professor Christopher Poulos – Rehabilitation Physician and Head of Research & Aged Care Clinical Services, HammondCare; UNSW
- A/Professor Roslyn Poulos – Public Health Physician & Ageing and Health Lead, UNSW
- A/Professor Andrew Cole, Director of Clinical Services, HammondCare; UNSW
- A/Professor Colm Cunningham, Director of the Dementia Centre, HammondCare; UNSW
- Dr Bruce Walmsley, Research Fellow and Clinical Psychologist, HammondCare; UNSW
- Dr Julie Christie, Regional Manager UK, HammondCare; UNSW
- Dr Kirsty Beilharz, Director of Music Engagement, HammondCare; UNSW